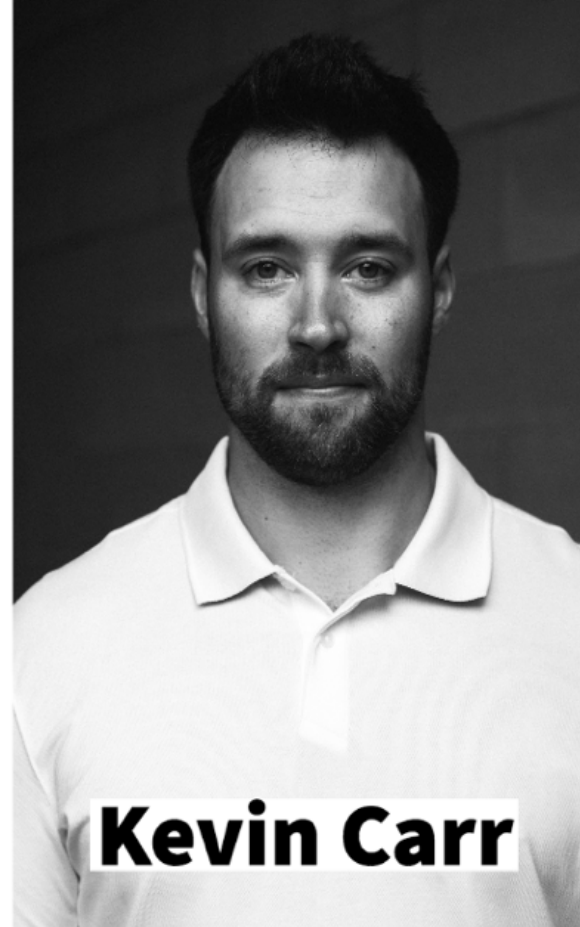




Michael Boyle



Kevin Carr

CFSC Founders Q&A



Bob Hanson

**Monday,
April 20th
at 6 PM**



Brendon Rearick

www.CertifiedFSC.com

1.Business

A.COVID uncertainty

B.CFSC ?'s

C.Owning a Gym

2.Career

3.(If time) Training Questions

COVID Uncertainty

Carrie Stout What is the biggest change you anticipate happening in the industry as a result of COVID-19?

Scott Miller What is the one thing we should be doing right now to prepare to reopen our gyms?

Margaret Sohm What is one successful strategy that you use to encourage clients to do virtual personal training sessions?

Corey Jung How are you managing people on-line, concerning their stress, pain and/or pain? Since everything is remote and hands off nowadays...

Mark Correa What would be the first 5 steps you would take to begin your online business/build your network of clients? :)

Eugenia Bradshaw When giving Virtual Classes and with a mix of Gen Pop and Athletic population, what is the safest way to approach it?

Andrew Hamerlinck What are you doing to keep current employees engaged (mandatory continuing ed, optional, paid work, hands-off, etc)?

Filipe Cotas What is the one thing you have learned about yourself since the beginning of COVID 19?

CFSC ?s

Andrej Busic Favorite beer?

Andrew Kacsor Gentleman, what has been your favorite result since you started the CFSC? Travel? Success Stories? Changes to the S&C Industry?

Jamie Carlson Is CFSC recognized as comparable to NSCA when listed as a requirement in job posting?

Anna Sanfilippo In the future, do you anticipate offering continuing education/networking events such as conferences or clinics for CFSCs?

Tatiana Lampa Will you be offering L2 certification online?

Ryan Garrow Whats one way you know could improve CFSC right now?
Level 3 model?

Britt Smith Would you do it (creating CFSC) over again? Would you change anything about the process?

Business

Mike Krug When you first started your business, what was the area/areas you would recommend paying someone else to handle?

Steve Smith 3 most important things to do/consider before moving forward with opening own performance space?

Courtney Wach Does demographic affect the entire planning process? Coming from the Hamptons long Island most people want the "Barry's bootcamp..."

Ryne Gioviano To Coach Boyle & Bob -
What is your recommended amount of
cash reserves a business should hold?

Jose Barcenas What are the procedures
you go by in deciding how much you
should charge your services in your
gym?

Douglas Krebs How to calculated pay
for trainers?

Jacob Orndorff whats makes MBSC
successful?

Scott Saberniak What are your best tips for building community at your gym?

Fitness Career

Ashtain Rothchild You're all SO SUCCESSFUL. Looking Back, what advice would you give yourself to ensure the success you've achieved now? **Cedric Townes** How do I get started?

Anthony Lewis What is the one piece of advice that you give to all of your new coaches? I am making a career change at 43.

Jayne Del Rosario What's more important (trainer with 7+) experience, marketing or education? When do you advise trainers leave a big box gym?

Zach Landry Best way to get buy in from coaches at a health club when from implementing Thrive. MBSC style is very new ideology for them.

Jordan Bunch How do you navigate working alongside s&c coaches with a training philosophy nowhere near yours?

Chris Cardoza As a CFSC, how can you separate yourself from other coaches/trainers?

Adam Rhoads How to begin lecturing at colleges/seminars?

Megan Pomarensky What is a piece of advice you wish you had gotten prior to presenting at your first conferences?

Preston Lynch - How do you find your niche?

Darius Szpilewski From business perspective, what would you do if social media ceased to exist tomorrow?

Chris Cecere Other than word of mouth, what are a couple of other means to getting new business?

Kristina Cagno You are obviously all men, but do you have some good tips for women coaches/business owners in our industry?

Juan Gonzalez What is the most common mistake you see coaches make?

Hugo Alvarez Asorey What's the best advice someone ever gave you

Vlad Finn What is the biggest fitness career decision you've made in your life?

Susan OGrady Ideas for expanding your business beyond the training hours. (ie: education or corporate presentations?)